

(17)  
intellectual fatigue, and I  
sleep a lot, and I am not  
mostly able to go to the  
Masjid / mosque during these  
first 4 to 5 days of the  
injection (on Wednesday)

2. On Monday, the week after  
the injection, I tend to get the  
physical-eye-patterns, I tend  
to face the "physical-eye-  
patterns" issue i.e. full-  
blown patterns, and I have  
to deal with the situation  
in the moment, turning back  
to Allah, supplicating  
ardently to Allah,  
listening to ruqyah and  
Surah Baqarah, walking  
around the house to get  
my daily exercise, due  
to the fact that I  
am ill (at the time),  
and I am unable